

## C FILE - PROPERTIES OF PHYSICAL SYMPTOMS:

The physical locations of the symptoms, as they are found primarily in the ABC file, represent the theme of the illness. They show the consequences of dynamic processes. However, these processes appear in the form of dynamic attributes (accompanying symptoms, peculiarities), which are the subject of this C file.

Attributes are, for example, types of pain, feelings in the organ area or a changed external appearance. All are an expression of an individual dynamic reaction. This is shown on level C by the attributes. Their special value lies in the fact that there must be content-related correspondences on level A.

This means that among the mind symptoms present in the anamnesis there is one that corresponds to the attribute in terms of content. This correspondence makes it possible to determine the mind symptom that matches the attribute within the context of the disease process (see part 3 of this series of articles). This determination is carried out by comparing the message of the attribute with the messages of the mental symptoms present in the anamnesis. The mental symptom that matches the attribute in terms of content should then logically be the mental symptom suitable for repertorization.

e.g.:

C	burning pain, sensation	problem of being exposed to contradictions, i.e. not experiencing reciprocity, but to chafe out by the conditions
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A possible analogous meaning to burning pain among the emotional symptoms of the anamnesis could be:

**cannot stop talking about old conflicts, is resentful A 1:**

It should be noted here that if a BC symptom (physical symptom C with modality B) also has an attribute C, this attribute can be used both as a singular C symptom and as a content basis for the above comparison.

e.g.: BC Stomach pain after eating. + C Stomach pain burning

Characteristics of the conflict consequences as represented by the attributes.

They can be A. **emotional** or

B. **functional**:

### A. CONSEQUENCES OF CONFLICT IN THE FORM OF AN INTERNAL EMOTIONAL REACTION:

This is about

- **Concern - inner perception in the form of pain:**
- **Concern - inner perception in the form of feelings**
- **Concern in the form of sensory contact and connection problems:**

## **B. CONSEQUENCES OF CONFLICT IN THE FORM OF EXTERNALLY PERCEIVABLE REACTIONS:**

This is about

- **Externally perceptible consequences of conflict in the form of localization to a specific organ:**
- **Externally perceptible consequences of conflict in the form of secretions urine, saliva, sweat, diarrhea, menstruation, etc.:**
- **pathologies that can be modalities**
- **Externally perceptible consequences of conflict in the form of generated noises and gestures:**
- **Externally perceptible consequences of conflict in the form of discoloration:**
- **Externally perceptible consequences of conflict in the type of skin changes:**
- **Externally perceptible consequences of conflict in the form of deformations:**

## A. CONSEQUENCES OF CONFLICT IN THE FORM OF AN INTERNAL EMOTIONAL REACTION:

- **Concern - inner perception in the form of pain:**

The **localization** of a pain refers to the specific adaptation problem, the **characteristics** of the pain describe the dynamics of the adaptation problem.

Pain is fundamentally an expression of the futile effort to adapt.

C	persistent pain, inflammation	to be resentful, unable to get over disappointments, unable to reconcile oneself with futile efforts
C	pain, sensation spreading	does not want to accept that the conflict cannot be resolved, so he increases his efforts more and more without ultimately being successful (a "widespread fire" develops from an initially only local focus of conflict)
C	pain, sensation tearing apart	to be torn apart between two emotional opposites
C	radiating pain, sensation	not only to have come into conflict with a local topic but also with topic-specific backgrounds despite his efforts to adapt
C	pain, sensation goes upwards, ascending	problem of being under pressure, having to face it, having to endure
C	pain, sensation in the <b>digestive tract</b> goes upwards, is ascending	problem of being under external pressure from the social presence of others, not being able to coordinate with their demands, not being able to create communicative reciprocity
C	pain, sensation goes downwards, descending	problem of having to face worse location conditions, having to adapt to unsuitable bottom conditions
C	pain, sensation in the <b>digestive tract</b> goes downwards, descending	problem of not being able to create communicative reciprocity, to coordinate with the demands of others, so feeling socially rejected, being separated
C	pain, sensation extends forwards, is located in front	not being able to position oneself against resistance, to step forward, to assert oneself
C	pain, sensation extends backwards is located at the back	to be in conflict with the conditions of social support
C	pain, sensation extends inwards, is inside	to hold back emotionally in a hostile world, to have to give in without being able to come to terms with it
C	pain, sensation goes laterally (le + ri)	having to accept, to be dominated by external constraints and to be unable to submit or rebel
C	pain, sensation goes outside around the the body	accepts rejected conditions and pushes the conflict to the outside world
C	bursting pain, sensation spreading, urgent to the outside	neither submit nor to face up to the inevitable pressure to adapt, but also not being able to oust it, being only able to dam it up
C	exploding pain, sensation, tearing apart	can no longer suppress the intolerable, can only let go of it in an abrupt discharge
C	burning pain, sensation	problem of being exposed to contradictions, i.e. not experiencing reciprocity, but to chafe out by the conditions
C	oppressive pain, sensation	is exposed to rejected pressure to adapt, to be under pressure
C	pressure downwards, pushing downwards	problem of being exposed to oppressive demands, not being able to fulfill them and therefore being dropped

		as socially worthless
C	sensation of heaviness	held down by the stressful circumstances, prevented from developing
C	pressure, inwards	to hold back emotionally in a oppressive world, to have to give in without being able to come to terms with it
C	bandaged, bandage feeling	feeling of being constricted in one's dynamics from the outside, i.e. not supported but socially isolated, forced back into oneself
C	whole body affected	to be in conflict with social conditions in general, to be inappropriate everywhere, to be questioned everywhere
C	gout pain, gouty pain, sensation	excitement, having to accept, being exposed to conditions that cannot be met, not being able to adapt despite trying, only being able to wear oneself out
C	hot-tempered, warm-blooded, heaty	suffers from persistent subliminal arousal about the social conditions cannot react, therefore is under quiet emotional pressure
C	rheumatism	excitement, being not able to articulate (joints) or adapt (muscles) to the prevailing conditions, but also not being able to give in to them
C	pain, sensation cramping	unable to find a suitable attitude between accepting and rejecting the conditions, only being able to tense up
C	pain, sensation tingling, prickling	Shivering, indecisive, like being shocked, not being able to grasp the circumstances, being numb and excited at the same time
C	scratching pain, sensation	being exposed to criticism, contradiction, neither being able to repress it emotionally, but also not able to avoid it
C	neuralgic pain	get extremely excited about a conflict, not being able to come to terms with the unreasonable demands
C	pulsating, throbbing, pounding pain, sensation externally	being passionately challenged with seemingly insurmountable hurdles, thus to become more and more involved without being able to adapt
C	pulsating, throbbing, pounding pain, sensation internally	not being able to coordinate one's principles with those of the environment, although trying it hard
C	seething pain, sensation	to heat up over the unacceptable, get into boiling emotion
C	shooting pain, sensation, sudden, paroxysmal	restlessly striving to adapt to incomprehensible principles, ultimately unable to withstand one's own tension, only being able to discharge it
C	switching sides, back and forth, alternating front and back	to vacillate between resisting and giving in
C	move back and forth, roll, rock	want to adapt, but cannot find a suitable posture, only able to sway back and forth
A/C	tics, grimace	tension to put on a good face about the rejected social conditions, but always have to reveal his real displeasure and have to signal it again and again
A/C	grinding your teeth	Problem of being exposed to social disconnection and thus feeling helpless, not finding social support either in oneself or in the outside world, only being able to wear oneself out in futile efforts
A/C	painlessness of actually painful complaints, lack of reaction	one avoids confrontation with conflicts, represses the fact that one does not agree with the circumstances

C	cutting pain, sensation	despite efforts to reach consensus, to be exposed to separating, drastic circumstances
C	vise pain, sensation	to be penned in between insurmountable opposites, thus to be without dynamic scope
C	stinging, boring like needles, splinter pain, sensation	instead of being particularly respected, being ruthlessly attacked and questioned
C	wandering pain, sensation	trying in vain to find an environment that suits him, always being able to reposition himself but not being able to adapt
C	metastasis	problem of not being able to coordinate with the conditions, only being able to shift the conflict, express it differently but not be able to solve it
C	nausea	not being able to establish trust socially and therefore not being able to get involved in it
C	wavy, swaying back and forth in waves	to be helplessly at the mercy of fluctuating conditions, to experience only passive movement, and thus to be without a fixed reference
C	drawing pain, pulling pain, sensation	problem of wanting to escape from unsuitable social conditions, not being able to do so, being held back
C	broken pain like	Problem of irreconcilable principles, either to clash with them and shatter in his own, or be free, socially unconnected
C	pull out, twitching, electric	not being able to act in his urge to act, so only to be able to discharge it in occasional involuntary outbursts

### • Concern - inner perception in the form of feelings

The feeling is a subjective and emotional perception of the situation.

C	paroxysms	suddenly got out of sync with society (stumbled), no longer coherent, having fallen out of connection
C	lasting problems, persistent pain	persistently in conflict with social conditions, i.e. without agreement
C	cut off, it's like	it means without the possibility of articulation, thus to be curtailed in its expressive potential and thus also cut off in its presence
C	lack of appetite, no appetite	refusal to get involved in social contacts, to face the question of social fit and to be challenged by it
C	Irritated, sensitive	being at the limit of his emotional reserve due to irritating circumstances
C	tension, tensed, electrically tense	ready to react, having to be prepared, to be hit by a sudden event at any time
C	itchy, tingling, pruritus	shivering, between wanting and not daring to be undecided
C	falling out, loosened, looseness, unstable, instability	to be no longer able to stand up to challenges, can only stagger or fall
C	movement inside, something alive	whatever you try, you cannot adjust appropriately and therefore not connect socially, remains unrelated
C	thread feel	will by no means accept detachment from a social

		connection, to let go of it
C	flame feeling	not being able to connect emotionally despite heated engagements, only being able to burn
C	frosty, freezes	socially distant, emotionally disconnected
C	tinnitus, noises in the ear	neither expressing nor suppressing one's displeasure about the conditions of social belonging, only being able to make it heard by oneself
C	bang, explosion	not expressing one's displeasure, but also not suppressing it any longer, only being able to release one's inner pressure in a sudden discharge
C	gurgling, bubbling	to be caught up in contradiction, not being able to react appropriately, to be indecisive, helpless
C	sparks on the skin	to be emotionally charged between accepting and refusing the circumstances, not being able to come to terms with it, only being able to discharge it occasionally
C	heart palpitations, rapid heart palpitations	not being valued, so having to try more and more harder to be valued
C	cold skin, lack of warmth of life	emotionally reticent, limited openness, socially binding is not a matter of course
C	tickling	to be undecided, wavering between agreement and opposition
C	feelings of lump, clump, ball, foreign body	to be unrelated on all sides, to isolate oneself from one's surroundings, to be like a foreign body only related to oneself
C	feeling of emptiness, empty	to be emotionally without sympathy, thus to be also socially unrelated, ultimately apathetic
C	open, sense of openness	to have totally exhausted oneself in their efforts to connect socially, being openly and thus unprotected exposed
C	armor, feeling enclosed in an	enclosing within his principles prevents himself from acting freely
C	tingling, prickling	to be undecided, uncertain, numb and excited at the same time
C	restlessness	problem of not being able to cope with external circumstances despite efforts, but not being able to escape them and therefore only being able to make sustained efforts to adapt
C	weakness, tiredness, exhaustion, claudiness	being hopeless in his social endeavors and therefore to be without motivation
C	sloshing, rippling	to be emotionally unconnected, seen as arbitrary, to be lacking social reciprocity
C	heaviness feeling	to be burdened with reservations, as if being weighed down by a weight, so not to be able to move as a matter of course
C	rigidity, rigid	neither adapting to the circumstances nor detaching from them and therefore only being able to freeze
C	to get stuck	to be hampered by limiting circumstances to get ahead to, so being neither ready to give in nor advance and therefore to be deadlocked
C	lack of urge to defecate, constipation (rectum)	not wanting to break away from inappropriate things despite a lack of consensus, being emotionally stuck
C	urge to defecate, bowel movements frequent, strong but in vain	on the one hand to be pressured into detachment by unsuitable communication partners on the other to be emotionally hold back

C	irregular, unrhythmic	socially out of tune, being out of step with the conditions
C	Lack of urge to urinate, urinary retention	is under emotional pressure, feels he has to hold back his excitement, is not allowed to express himself either directly or indirectly
C	Urinate frequently, constant urge	to be under constant emotional pressure, to be unable to express oneself, having constantly to repress one's emotions in favor of social support
C	feeling of constipation, internal blockage (ear, nose)	not being able to adapt to social conditions but only to isolate oneself, thus being questioned instead of being connected
C	constipation (rectum)	not wanting to break away from inappropriate things despite a lack of consensus, being emotionally stuck
C	feeling of fullness	at the limit of its potential to adapt, so to be overwhelmed and exposed to pressure
C	heaving, floating, swaying	he is exposed to fluctuating conditions, being tossed helplessly, because he lacks social footing
B/C	clenched teeth, <u>desire to clench teeth:</u>	<u>feeling of being emotionally at odds with the given social conditions, therefore unable to face them, only able to withdraw and isolate oneself</u>
C	Constriction, band feeling internally	constricted by inner reservations, thus to be prevented from getting involved in something or detaching yourself from expressing yourself about it
C	Constriction, band feeling externally, oppression	constricted by external social conditions, prevented from developing its dynamics

- **Concern in the form of sensory contact and connection problems:**

One sees a break in the sensual connection, which can only be causally explained by a lack of social consent.

C	unconsciousness, powerlessness	being exposed to impossible conditions of social acceptance, not being able to escape, only being able to switch off, to flee into a lack of connection
C	dull, numb feeling	being beyond the limits of one's possibilities, being overwhelmed, helpless, as if numb, without the power to assert oneself
C/A	callousness, numbness skin, insensibility, deafness	of not being in resonance with the conditions of belonging, but not being able to break away, only being able to isolate oneself, to close oneself off
	skin sensitivity to touch	see B file
C/A	sense of smell; loss of	not getting involved with the conditions of social custom, only being able to avoid them
	sensitivity to smell	see B file

	sensitivity to taste	see B file
C	tiredness, exhaustion, weakness	putting one's own will aside, having to give in and therefore being without motivation
C	Insomnia	Problem letting go of control, withdrawing, trusting in oneself and one's social relationships
C	desire to sleep, need for sleep,	desire to avoid any confrontation, not to have to submit, to be only concerned with oneself
C/A	blindness, insensitive to light	avoiding to be seen, is afraid to appear
	Sensitivity to light	see B file
C/A	sees things further away	problem of being emotionally distant, to feel separated further away from the social environment
C/A	hearing loss, deafness, deaf, insensitivity noise	feeling of not belonging under the given conditions, of being without resonance
	sensitivity to noise	See B file
C/A	loss of sense of smell	does not want to get involved in the conditions of social custom, avoids them
	sensitivity to smell	see B file
C/A	lack of, loss of sense of taste	not getting involved in the conflicting conditions of social enjoyment, wanting to avoid confrontations
	sensitivity to taste	see B file
C/A	altered sense of taste	being alienated from the criteria of mutual social palatability, acceptability
C/A	illusions of taste	with certain criteria of social reciprocity (in terms of taste) without consensus, being communicatively out of tune
C/A	bloody taste in the mouth	being overwhelmed by the communicative conditions in terms of flexibility, not being able to adapt, only being able to signal one's desire for distance
C/A	bitter taste in the mouth	feeling of being one-sided used communicatively, only being obliged, but being kept at a distance emotionally
C/A	foul taste in the mouth	being not accepted communicatively, being seen as foul, worthless
C/A	metallic taste in the mouth	feeling of being controlled, manipulated, having to be useful in order to taste, but being communicatively disconnected
C/A	taste disorders of the mouth in general:	being exposed to unacceptable criteria of mutual social acceptability, "palatability", and therefore being uncertain about questions of mutual fit
C/A	sweet taste in the mouth	feeling of not being worthy of attention for which one does not have to do anything
C/A	salty taste in the mouth	feeling of not being able to create social bonds despite efforts to overcome emotional differences
C/A	painlessness, analgesia	does not face the conflict, represses it
	sensitivity to pain	see B file
C	dryness	tries emotionally holding back because in the feeling of lack of approval, only being able to avoid contact
C	sterility, infertility	refusal to accept responsibility, to provide support forever, to have to provide care
C	reverberate, echoes	is heard in his statements only from himself, feels only thrown back on himself without personal environmental resonance



C	conflicting, alternating symptoms	on the one hand he adapts but on the other hand he tries to get not involved, he tends to avoid conflicts
Balance problem:		
C	limping, staggering	not being able to accept without reservation changing location conditions with each step, not being able to gain a firm footing between seeking stability and holding back
C	vertigo	not being able to find a secure position, not really held to, actually be without reliable reciprocity
C	fall; feeling to	thinks not to be hold because of being without mutual references to the environment and therefore without external support
C	to fall left; feeling	can't find inside hold
C	to fall right; feeling	can't find hold outside

## **B. CONSEQUENCES OF CONFLICT IN THE FORM OF EXTERNALLY PERCEIVABLE REACTIONS:**

This is about

- **Externally perceptible consequences of conflict in the form of localization to a specific organ:**

C	localization between fingers,	not being understood in one's sensuality, having to hide it in order to be accepted, welcomed
C	localization between toes	having to hide being without consensus with the given location conditions
C	localization in skin folds	not expressing one's displeasure openly, but also not suppressing it, only being able to express it covertly
C	lateral localization (head, temples, chest, extremities)	finds himself exposed to a dominating influence, feels forced in his direction
C	frontal localization (on the forehead, neck, chest, abdomen, extremities)	faced with resistance, to be questioned as a personal presence
C	body SIDE right and left:	finds himself exposed to a dominating influence, feels forced in his direction
C	body SIDE left	to be dependent on the dominant influence
C	body SIDE right	being oriented by aggressive pressure to conform
C	bodyHALF left	to be guided by inner insecurity, bias against oneself
C	bodyHALF right	pressured from outside, exposed to demanding environmental conditions
C	alternating sides, change of sides	oscillating between one's own insecurity and prejudice against one's environment
C	Location behind, back (head, neck, back, buttocks, extremities)	to be in conflict with the conditions of social support, thus being without support
C	Inside (to the opposite limb, to the body)	unsettled by their own concerns about not being at peace with themselves
C	outside (facing outwards)	an external dominating influence exposed to being steered in his direction
C	Wrinkles, indentations, follicular, retractions	hide one's true emotions, avoid direct confrontation

• **Externally perceptible consequences of conflict in the form of secretions – urine, saliva, sweat, diarrhea, menstruation, etc.:**

Pathological secretions without localization and/or properties are to be understood dynamically as being secreted. So you should have an attribute to provide information about the direction of this dynamics.

C	discharge, sputum, pathological in nature	wanting to distance oneself from social conditions but being held back, only suppressing one's desire, only being able to distance oneself emotionally
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C	bloody discharge, to bleed, bleeding	Problem, being confronted with unfulfillable conditions and therefore having no possibility of adaptation, being not able to resolve the conflict, only being able to signal its failure
C	thick discharge	being emotionally bound, of needing support, but now experiencing oneself distance, left to oneself
C	thin, watery, liquid discharge	being exposed to dismissive conditions, with no reliable social ties, being seen as arbitrary
C	fragrant, smells like violet	wants to avoid through lovely scent, to be sniffable in his displeasure at having to repress anything unpleasant
C/B	diarrhea	does not meet the conditions of social usefulness and therefore fails as unsuitable
C	proteinaceous (urine)	must suppress his resentment at having conformed but instead of being accepted was set apart
C	pus, purulent discharge	excited to be exposed to completely inappropriate, to have to dissolve oneself in order to be able to distance oneself from the cause of the conflict
C	moist, weeping discharge discharge	being held in arousing circumstances, not being able to break free from them, only being able to separate oneself emotionally
C	epithelial casts in the urine	not being able to derive the excessive resentment without damaging the walls of the urethra
<b>color of</b>	<b>discharge</b>	see colors below
C	rotten, horrid discharge	resentment at being held on the one hand, and being separated as a putrid, worthless outsider on the other
C	plentiful discharge	Overflowing emotions about feeling socially distant, isolated
C	sour discharge	Feeling of being alienated the social environment, to be without reciprocity, distant
C	sharp, caustic, corrosive, excoriating discharge	wanting to detach oneself from one's environment but being dependent, not even being able to detach (through secretion) oneself indirectly therefore, so only being able to dissolve oneself
C	frothy, bubbling discharge	wanting to release of his social environment, but being held tight, therefore not being able to calm and to release his bubbling emotions
C	slimy, full of mucus discharge	to be caught in an insoluble contradiction, neither to be able to break free from it nor to accept it
C	gushing discharge	no longer hold back the pent-up displeasure, only being able to let go of it in an abrupt discharge
C	sandy, sediment, stone formation	to be not able to express his anger about the conditions or to break free, thus only to be able to hold them back to the point of petrification
C	black discharge	not resolving his destructive circumstances, only keeping emotionally covered, not showing his displeasure, only being able to express himself indirectly through secretion
C	involuntary salivation	not fulfill his desire for reciprocity, consent, therefore he only can derive it indirectly
C	stinking, foul-smelling discharge	having to put up with it, not really accepted socially, being marginalized as a bad smelling outsider, isolated
C	undigestet stool	to be only slightly adaptable and therefore without

		a binding relationship with the communicative partners
C	cloudy, dark, milky discharge	gloomy, being exposed to unfriendly social conditions, therefore does not experience any resonance or recognition, experiences itself as worthless separated
C	involuntary secretion	being confronted with unfulfillable conditions, not being able to withstand the pressure to adapt, ultimately only giving up involuntarily and to distance yourself
C	viscous, sticky discharges, pulls strings	stuck in a conflict between the desire to solve oneself from it and the inability to break free from it

• **Pathologies (B) that can be modalities (C):**

The symptom is modality B if it aggravates a condition

The symptom is reaction C if it is the result of a circumstance

f.e.: Fever is modality B if it aggravates a condition

Fever is reaction C if it is the result of a circumstance

C/B	belching improves condition	being confronted with the unfamiliar, not being able to coordinate with one another and therefore wanting to keep emotional distance
C/B	belching worsens condition	to be confronted with the unfamiliar, wanting absolutely to coordinate with and therefore not

		wanting to go at distance
<u>C/B</u>	<u>vomiting worse condition</u>	<u>being exposed to non-binding communicative contacts and therefore being rejected as inappropriate</u>
<u>C/B</u>	<u>vomiting improve condition</u>	<u>desire to be socially isolated and thus freed from questions of social fit</u>
<u>C/ B</u>	<u>fever improves condition</u>	<u>to release emotional pressure, to calm down and so to be able to come to terms with circumstances</u>
<u>C/ B</u>	<u>fever worsens condition</u>	<u>rejects having to accept being helpless, being able to only get excited but not avoid</u>
<u>C/B</u>	<u>flatulence, flatus improves</u>	<u>to be overwhelmed by the pressure to adapt to society in terms of flexibility, to ultimately not be able to withstand the pressure, to only be able to relieve oneself by detaching oneself</u>
<u>C/B</u>	<u>flatulence, flatus aggravates</u>	<u>to be overwhelmed by the pressure to adapt to society in terms of flexibility, but being emotionally committed to its conditions, thus having to withstand the pressure and not being able to relieve oneself by isolating oneself</u>
<u>C/ B</u>	<u>diarrhea worsens condition</u>	<u>not being able to meet the social acceptance requirements, and thus to fall through</u>
<u>C/B</u>	<u>diarrhea improves condition</u>	<u>desire to be distanced and thus freed from the conditions of social acceptance</u>
<u>C/B</u>	<u>cough improves condition</u>	<u>problem of not being able to express openly oneself due to a lack of approval, only of being able to free oneself emotionally (by coughing) indirectly</u>
<u>C/B</u>	<u>cough aggravates condition</u>	<u>problem of making his displeasure indirectly audible, but to be without any resonance or approval in his environment</u>
<u>C/B</u>	<u>clear throat</u>	<u>to express oneself again and again, but not to be able to make oneself heard because being without resonance</u>
<u>C/B</u>	<u>pain aggravates condition</u>	<u>problem of becoming more and more agitated because, despite all efforts, one cannot adapt to the circumstances or avoid them</u>
<u>C/B</u>	<u>Sweat, sweating worse condition</u>	<u>problem being dependent social conditions, so not being able to withdraw, not even to separate oneself emotionally (through sweat).</u>
<u>C/B</u>	<u>Sweat, sweating improve condition</u>	<u>at least to be able to detach oneself emotionally from the exciting states (through sweat) thus to derive one's displeasure</u>

- **Externally perceptible consequences of conflict in the form of generated noises and gestures:**

C	hoarseness, loss of voice	communicative without resonance, consensus
C	cough general	conflict, being without consensus communicatively, but being not able to suppress or to express one's displeasure openly about this being only able to make it audible indirectly
C	barking cough	having to make one's feeling heard loudly
C	hoarse cough, restrained cough	excitement at only being able to express displeasure indirectly, at being in permanent dissonance in terms of communication
C	whooping cough	get excited to the point of suffocation, to be communicatively restricted and prevented from unfolding, so to be thrown back to oneself
C	tickling cough	to be exposed to a subliminal stimulus between affection and importunity
C	croup-like cough, pseudocroup	Resentment, being communicatively completely in dissonance, being thrown back on oneself, only having indirect possibility attract attention
C	loud voice, talking, noisy breathing, snoring	means making yourself heard, having to prove your presence thinks without being a natural, communicative connection
C	loosely solved	to get rid of the reason for his displeasure, but not yet be able to free himself completely
C	obstruction, shortness of breath, blocked, breathhold	being without a connection to the outside, prevented from free communicative exchange, being thrown back on oneself
C	open mouth	means to circumvent the conditions of social norms (smell), to have to avoid them
C	wheezing breath	protest, exposed to communicative narrowness, not understood, prevented from free exchange, being restricted
C	rattling breath	being exposed to an unsolvable conflict, not being able to communicate without contradiction, not being able to accept one's displeasure without comment
C	dry cough	repressed excitement about being socially stressed, only able to express anger indirectly but to be unable to solve it
C	painful cough	problem to accept of not being able adapting to the communicative conditions despite efforts, but also not being able to express oneself openly
C	spasmodic, spasmodic, convulsive cough	the problem of neither being able to suppress nor openly communicate his displeasure, only being able to cramp in between protest and reticence
C	incomprehensible speech, language	Problem of being alienated from communicative norms, so to be unable to communicate and therefore to be also unable to be understood
C	choking, strangling	being unable to refuse the inappropriate suitability criteria, but also not being able to dodge only being able to twist oneself
C	silent, quiet voice	means to hold back, to have to avoid attention
C	busy, active	the more you get involved, the higher the social value
C	idle, lazy	reluctance to get involved in order to be socially accepted
C	cracking joints	is tense, therefore cannot express himself freely,

		always has to overcome reservations
A	crying, shouting	signaling dismay, being stunned, not being able to suppress one's bursting emotion about the circumstances (social relationships)
C	cramps, spasmodic, convulsions, epileptic	being challenged, unable to find a balance between acceptance and rejection, only being able to tense up at last
C	contracting, convulsing	not confronting the conflict, but not avoiding it either, only just isolating yourself, only being able to confine yourself helplessly to yourself
C	restlessness	being unsure of one's position, having to adapt constantly, having to secure oneself
C	moving back and forth	to vacillate between resisting and yielding
C	moving left and right	wanting to adapt, but not being able to find a suitable position, just swaying left and right
C	stiff, stiffness	unable to articulate, just freeze, maintain posture
C	coordination problem, clumsy, clumsiness	problem of not having a suitable connection to the things in the outside world, of being more and more closed into oneself
C	gluey, glued, sticky blocked (inputs-outputs)	feeling without reliable social connection and therefore afraid to show or express oneself
C	clogged (inputs-outputs)	feeling exposed to unwelcoming conditions, unaccepted, separated
C	vibrating, tremble, trembling	torn between doing and not doing, therefore to be indecisive
C	twitching, jerking	being emotionally charged, but stymied in his urge to act, only capable of occasional discharges
C	clenching teeth, clenched jaw	to be limited only to yourself, your own impressiveness (presence), due to a lack of supportive references being only able to isolate yourself
C	curling up of, bending the body	to be modest, to confine oneself, i.e. to avoid confrontation, to duck,
C	contraction, contracted, Dupuytren	no longer wants to unfold, open up, only wants to close in itself off

• **Externally perceptible consequences of conflict in the form of discoloration:**

<b>Discolorations, color:</b>		
C	spotted, spotted	on the one hand, to keep a low profile from influence (dominance), but on the other hand, to be dependent on it and therefore also open to it
C	red discoloration	not letting one's emotions run free, only being able to dam them up
C	blue discoloration	to keep your distance, thereby being independent, i.e. being both distant and free

		from distress
C	brown discoloration	to break away from unsuitable conditions, to accept that one is unsuitable for each other and therefore has to be ready for independence in favor of growth and renewal
C	yellow discoloration	accepting not to reach a social consensus, only to be able to distance oneself emotionally
C	glassy, watery	avoid references, isolate yourself, want to free yourself from liabilities
C	green discoloration	to be hotly pressured by a superior authority on the one hand and emotionally dependent on the other, to have to create a balance within this polarity in order to be able to develop socially
C	grey discoloration	problem to stay out of it emotionally, to remain distant in order to be conflict-free
C	black discoloration	problem to be communicatively neutral, to remain non-binding, not wanting to show emotions
C	white discoloration	problem to gain attention also under non-binding circumstances, to be seen, to want to be noticed as a presence
C	spotty, spotted	problem being on the one hand open to contacts on the other hand reserved and being stuck therefore between the two

- **Externally perceptible consequences of conflict in the type of skin changes:**

C	bloating, flatulence	being exposed to overwhelming pressure to adapt, not being able to cope with it but only being able to accumulate it up or releasing it as excess pressure
C	vesicles, blisters of the skin	problem of being exposed to overwhelming pressure from the outside, not being able to avoid it, only being able to dissolve inwards in order to keep distance
C	pustules of the skin, acne	problem to be exposed to pressure in one's presence, not to avoid it, to be able to dissolve only in the affected place
C	herpes blisters	problem of not being an object of emotional reciprocity, not being able to express the simmering conflict, only being able to vent it on the surface of the contact organ
C	dented skin, dents remain	not able to adapt to social pressure but only giving in to avoid conflict
C	ulcerated	to be exposed to destructive adjustment pressure, not to detach, not to adapt either, only being able to distance oneself through self-destruction
C	wound does not heal, heals badly	not being able to find your way back to the old form after having a hurtful conflict, so not being able to restore the social consensus you had
C	hot, burning	Feeling of becoming passionately heated by oppressive conflicts and contradictions



C	hot flush general and local	excitement of having one's position questioned under the given circumstances, but only being able to bottle up the displeasure but not being able to release oneself
C	grainy, granular, sand grain-like, rough	problem, of not adapting to the oppressive reality, only shutting oneself off from it, hardening oneself on the outside and thus not wanting to face it
C	nodules, papules	can only suppress his displeasure about the oppressive circumstances until they harden, but cannot express it
C	circular	being aggressively harassed from all sides
C	scaly, sheds	to be able to distance oneself from the oppressive circumstances only by shedding one's outer borders
C	hives. nettle-like	being helplessly upset by unacceptable demands, but cannot escape them, can only bottle up his anger until it bubbles over
C	scaly, peeling	cannot isolate oneself from the pressing circumstances or distance oneself from them is only able pushing away one's external borders
C	swelling, dropsy, swollen	only being able to dam overboarding excitement but not be able to let it go
C	stiffness, rigidity	to be only able to freeze helplessly in the face of uncertain conditions
C	Stone hardness, stone, hard, stoning, stone formation	being unable to react, not adapting, only being able to hold back to the point of petrification
C	dry skin, dryness mucous membrane	Problem of being emotionally disconnected, kept at a distance,
C	thickened, thickened skin, psoriasis	under the given conditions, not able to create reciprocity, only to bunker up oneself, to be able to protect oneself with a barrier
C	softness, spongy	pressure not to be able to oppose anything, not firm but docile, to be spongy
C	wounded feeling, rawness, excoriation	unable to free oneself from its contradictions, only able to rub against the circumstances

● **Externally perceptible consequences of conflict in the form of deformations:**

C	emaciation	it means having to hold back socially, avoiding presence, avoiding to show yourself, so not to appear weighty
C	Abortion:	not being able to cope with one's own fertility, not being able to support the child, so being distanced as a mother
C	apoplexy, stroke	problem of being hit by the realization of one's own worthlessness, no longer being able to face oneself social conditions, only being able to resign
C	atrophy, degeneration	feeling to be without social reciprocity within the framework of the organ function and therefore without the possibility of a social connection
C	auto-aggressiv, autoimmune	to be able to resolve a conflict only by attacking and destroying oneself

C	ingrown toenails:	due to a lack of reliable references, one's claim for support is directed only at oneself, ultimately finding no support, only being able to grow into oneself
C	endometriosis	Problem, not being able to establish a connection between one's own demands and the conditions of the mother role, not being able to adapt to it appropriately, only being able to dissemble oneself, to lose oneself in wrong growing
C	abscess	not being able to free oneself from a conflict, only being able to dissolve oneself in order to be separated from the object of conflict
C	Fistula	neither asserting itself in a conflict, nor giving up its claim to be able to push away it only through destructive detours
C	obesity	thinks that he can only compensate for his lack of social weight, his lack of presence, attention through mass
C	hypertrophy	thinks that his value and his presence are being questioned, and ultimately that he can only fit in and exist through oversize
C	caries, structural decay, brittle bones	problem being not able to adapt his principles in attitude, appearance to the principles of the environment, not convincing and therefore only able to disintegrate
C	cancer	being exposed to an insoluble conflict, neither adapting nor withdrawing, only being able to malform to the point of self-destruction
C	blood cancer, leukemia	Problem of suppressing one's discontent, of being treated like a foreign body, of being isolated, defended, but not being able to break free, only being able to dissolve oneself or to attack oneself
C	paralysis	Not articulating oneself in the face of unattainable conditions, only completely resigned, not being able to react any longer
C	necrotic, decaying, carious, brittle bones	see above caries, structural decay
C	neurological complaints, parkinson, multiple sclerosis	problem of having to both avoid conflicts and react to them, ultimately no longer being able to act, only wavering back and forth or freezing
C	sclerotic, hardened	problem of being more and more restricted in his flexibility by his principles, like being restrained in a corset at least
C	stone formation, stoning	being unable to react, not adapting, only being able to hold back to the point of petrification
C	stricture, constriction	neither being able to express nor repress one's excitement about the social circumstances, being only able to keep it within oneself and to bottle it up
C	carpal tunnel syndrome	exposed to incomprehensible conditions but dependent, can't grasp it and so he is limited in one's freedom of action
C	varicose veins:	persevering despite reluctance, having to obey practical constraints, at the same time being emotionally stuck in one's place, thus only being able to dam up one's dynamic
C	hemorrhoids:	being socially considered inappropriate, isolated but at the same time emotionally tied to these relationships,

		should not be able to break away, but can only dam up one's emotions
C	tumor. node,	to be exposed to unmanageable social pressure to conform, neither to assert oneself nor to be able to accept it, to be able to suppress one's displeasure only to the point of hardening
C	polyp	feeling of having to suppress one's discontent, of being classified as inappropriate within the social conditions, i.e. as if one were separated by a barrie
C	brain tumor	to be unable to find a consensus between his claim to validity and the principles of social presence, so he can only dam his claim to validity to the point of hardening, but he cannot assert himself
C	hydrocephalus	to be unable to find a consensus between his claim to validity and the narrow principles of social presence, so he can only dam his claim to validity, but he cannot assert himself
C	twisted, distorted, crippled	not being able to adapt to the unacceptable conditions, only being able to distort and croo
C	turned, divergent, convergent	avoids openly confronting the criteria of social standing, thinks he has to evade and pretend
C	Thromboses	Problem of not being able to overcome fundamental contradiction, of being stuck in one's dynamics despite commitment, to be blocked, stopped;
C	warts	neither adapt nor withdraw from certain conditions, only being able to malform at the location of the localization (theme).
C	condyloma	not being able to reach a consensus between the given conditions and one's own demands, only being able to outsource the problem (at the place of localization)
C	molluscum warts	being overwhelmed in certain matters in the course of one's own development, not being able to adapt, only being able to malform at the location of the localization (the topic).
C	distorted, misaligned, shifted, crooked, twisted	being not able to adapt to the unacceptable conditions, only to be able to evade or avoid them
C	growing abnormally, loss of structure, deformation	not finding the right form, not being able to adapt harmoniously to the conditions, only being able to grow deformed
C	twisted eyes, rotated, divergent, convergent	is afraid to face the criteria of social presence, thinks he has to avoid it, to stay out of it
C	cysts	problem, being able to fulfill a social challenge only externally, but internally only being able to resign, to dissolve oneself